

# Controlled Remote Viewing – A Transformational Experience

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The enigma of how a human being can retrieve non-local information, or connect into the timeless and distance-less paradigm continues to elude the scientific community. Although we do not have, yet, a functional explanation of how this happens, we do have undeniable examples throughout the ages that it is entirely possible.

For those individuals who know it is possible and have experienced retrieving non-local information from the past, present, and future, there is still an annoying issue: why can we not, on demand, access this timeless world and obtain 100% accurate information? Why is it that some people appear to have a higher propensity than others? In what part of our human potential is this skill hiding?

True to their nature, humans try all sorts of tortuous methods to force their system into connectivity with that realm. Some of these methods include deep meditation, or music to alter the brainwaves, and even substances that claim to offer a short-cut into that realm. The question remains: do we need to *do* or *take* something in order to connect with the realm of non-locality?

What if accessing this nonlocal realm was a normal brain activity that we have simply ignored? Like learning to play the piano, or learning mathematics except, we have not ignored these. What if we could identify how to awaken this normal human function, develop it, and integrate it into our everyday thinking process?

Out of the myriad of techniques that are available to supposedly shift our consciousness into the realm of nonlocality, one of them, Controlled Remote Viewing distinguishes itself from all the others. It is a Protocol that enables the individual to access nonlocal information by being in a normal state of mind. It was developed by the US military and was taught to other military personnel. No prior training, or demonstration of psychic skills is necessary.

This paper will briefly explain the Controlled Remote Viewing (CRV) Protocol and address the transformational aspect that results from learning this method. The qualitative research included fourteen professionally CRV trained individuals that were asked to write about their personal experience in learning CRV. The participants' professions were random and ranged from IT, designer, engineer, to business and alternative medicine practitioner.

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Imagine the scenario: a skeptic individual is sitting at a desk, with pen and paper, and follows a set of instructions, which enables him/her to record accurate impressions about a specific location that was photographed and placed in an envelope. The usual reaction from the individual, or viewer, is incredulity. How is this possible? After repeating the exercise a few times with success, it is impossible to refute that this Protocol works. Furthermore, after having experienced beyond doubt that nonlocal information is accessible, how can one return to his/her previous perception of reality?

After teaching CRV for over a decade, it is obvious to me that the value of learning the CRV Protocol is not merely a way of obtaining nonlocal information, because more importantly it triggers a part of our human potential that we appear to have ignored. Learning CRV appears to have one of two effects on the individual. Either the person's ego takes over and the individual becomes obsessed with doing session work, or, there is a feeling of awe and humility in actually being able to *feel* the connection with the other realm. In this case the person often enters into a transformational process and with the continuous CRV training that includes expanding our sensory abilities, the connection to the nonlocal realm becomes clearer and stronger. Many individuals report feeling a stronger connection to something that is unexplainable or Divine.

The CRV Protocol is so powerful in triggering our human potential to access nonlocal information that ten years ago I pioneered a unique method to develop intuitive intelligence using the CRV principles. Students are taught how to incorporate these CRV components into their normal thinking process as well as understanding the critical role that the heart plays. Students report a perceived increase in generating intuitive insights and a heightened sense of clarity.

### ***What is Controlled Remote Viewing (CRV) - What is Remote Viewing (RV) ?***

Controlled Remote Viewing (CRV) is a comprehensive and specific Protocol developed by the US military that enables an individual to obtain *psychoenergetic* perceptions, or specific and accurate non-local information from the time-space matrix by using the mind. Remote Viewing (RV) is an umbrella term for most of the other techniques that use an individual's natural psychic skills with minimal or no structure. CRV is the specific and powerful military methodology that is still being used in operational work. Very few trainers today teach the original CRV military Protocol.

### ***Who developed CRV?***

Remote Viewing was initially developed by the Russian government as a highly effective spying tool. For over 20 years (mid 70s to mid 90s) the US government invested \$25m to develop the methodology with the help of psychologists, physicists, and psychics. Controlled Remote Viewing was created for military personnel who were not specifically identified as having psychic skills.

The major players included the Stanford Research Institute (SRI) who conducted research with the CIA, the Defense Intelligence Agency, Stargate Project, the Army Intelligence, and Project SCANATE. One of the best remote viewers who worked with the military was a California Police Commissioner named Pat Price.

### ***The concept of CRV***

The concept of CRV is based on the fact that humans are capable of accessing non-local information but that most of it does not reach our conscious mind, and most of what does, we do not understand because it is not delivered in language but in signals. The information that we receive and do understand is oftentimes undermined by our conscious mind that will criticize and refuse to believe the information. The conscious mind has an innate need to give meaning and construct stories from pieces of data. Thus the problem arises when accessing only a few pieces of accurate data from the full picture, the conscious mind will immediately want to fill-in the gaps by creating the missing data and create a story.

The CRV Protocol is a method that addresses this problem on two levels. The first: with practice, following the Protocol shuts off the conscious voice from questioning the incoming information, thus opening the flow to more non-local information. The second: it creates a language so that we can understand or give meaning to the signals that are coming in. This entails developing and expanding our sensory abilities, or psycho-physical sensitivities.

Perhaps the most powerful component of the Protocol is that it separates the conscious mind that has been in control of our thinking, from the unconscious part of our mind which appears to have the ability to connect into that other nonlocal realm. With practice, over time, one begins to be able to distinguish between information that is generated by imagination versus accurate information.

### ***How does a CRV session work?***

The *viewer* is given a set of random numbers that have been attributed to a *target*. The target can be a geographical area, or an event, or anything else that needs to be investigated. The viewer has no idea what the target is. After writing down these numbers, the viewer spontaneously records on paper ideograms (symbolic graphics) that represent a specific gestalt of the location, for example, a building, or water. These symbols also carry energetic information from the location and are used throughout the session.

Ideograms are developed as part of the training. Each individual creates his/her own series of symbolic graphics. As the viewer follows each step of the Protocol, more in-depth and refined data are gathered. The information, or gestalts, are recorded in a specific manner to include column work and switching from one side of the page to another.

Some viewers develop their sensories to the point that if, for example, there is warm wind at the nonlocal site, they can physically feel wind, and warmth. In CRV the viewer does not see a full picture of the nonlocal site, but rather accesses impressions and gestalts of parts of it. The session ends with the viewer making a sketch and a summary of all the descriptions recorded in specified columns. The summary describes the nonlocal site by using the categorized impressions.

It is important to remember that the viewer is not in any altered state or even in a meditative state. The more alert the viewer is, while doing the session work, the more accurate the information. Unlike some psychic trainings, when practicing CRV there is no preparation needed, no meditation or other process is necessary.

### ***The CRV Protocol***

The Protocol was developed for individuals who did not demonstrate any particular psychic skills. The method elicits and develops one's natural psychic skills. For those who are already aware of their psychic skills, CRV will enhance and offer a different dimension and refinement to their practice. It is sometimes more difficult for those who are already using their psychic skills to learn CRV because they already have their own method which works. The challenge will be to have the patience to switch to a new technique and learn it properly while managing the conscious mind which will resist it. It is specifically this issue and learning to manage the conscious that will be valuable for those who already practice their own methodology. Learning CRV will not affect the individual's prior method but will become complementary and sharpen the individual's psychic skills.

### ***A transformational experience***

It is important to note that the process of learning CRV develops one's unconscious and will create a communication channel between the conscious and unconscious minds. This process happens while doing remote viewing sessions and by having the session work analyzed by the trainer. The feedback is twofold: assessing whether or not the student has accessed the target, and what is going on between his/her conscious and unconscious.

During the training, students develop their *sensories* and create a language to communicate with their unconscious. The unconscious mind captures impressions and receives energetic signals that need to be interpreted and given meaning. This is usually a new function for the brain to learn and use. Therefore, CRV training can be a transformational process in terms of developing our thinking process. Learning the CRV Protocol demands discipline but the rewards are great. It is the process of learning the Protocol that is even more valuable than the end result of accessing non-local information.

Experiencing *travel* within the time/space matrix for the first time can be life-changing. The viewer realizes how simple it is to connect into that realm and access non-local information. Thus it is not so simple to return to the previous model of our reality, knowing that there is an additional dimension - or rather that there are no dimensions – it is all one - interconnected. Our perception of reality and our relationship with the cosmos is changed. Furthermore, it is oftentimes difficult to discuss these new thoughts and perceptions with others who have not experienced this. Thus the individual is faced with important social and spiritual issues.

### ***CRV/QEEG pilot study***

In order to begin elucidating the mystery of accessing nonlocal information, a very small pilot QEEG study was done with the support of Dr. Richard Blasband, and Dr. Juan Acosta-Urquidi. In researching the literature it appears that only one CRV/EEG study was performed sixteen years ago at the Stuttgarter Institut für Kommunikation und Gehirnforschung. Apparently no formal academic analysis was written up. What would differentiate our pilot study from the German one is that we focused on the time segment when the viewer is accessing provable nonlocal information. What is happening to the brain when a person is connected into the realm of nonlocal information?

Three CRV trained individuals from the Energy Medicine University (EMU), California, USA, were selected to perform a CRV session while being monitored by the QEEG system. The purpose was to establish a baseline and then identify which parts of the brain are activated while a viewer is *on target* or accessing provable accurate information from the nonlocal site. At the time of writing this paper we are still awaiting the final QEEG analyses but during one of the sessions whereby the viewer was unquestionably on target, it was reported that the viewer's brain was in a super-active state and multi-tasking. While the viewer reported smelling the fumes of the aircraft (the target), it appeared that the olfactory sensory part of the brain was activated – as if the individual were truly smelling fumes in the room where he was sitting. Another viewer's brain map, while accessing accurate nonlocal information, resembled the normal control topographical map but with a significant increase in Delta.

The preliminary data of this very small pilot study were surprising and compelling enough to continue this research. One issue with the CRV Protocol is that it can be difficult even for a highly trained CRV viewer to continuously keep the conscious part of the mind busy so that the influx of accurate information reaches the brain without pollution from the conscious mind. Future research could help elucidate how we could increase the percentage of accuracy as well as sustaining quality contact to the site over time. Learning how to control or manage this cognitive function could be the key to evolving the human thinking process to a higher level of consciousness.

## *Summary*

As the 21<sup>st</sup> Century unfolds, we are faced with increased chaos whilst operating with defunct models. Globalization and modern communication modes are raising unexpected issues and increasingly, unthinkable scenarios. Our old models and paradigms in thinking and researching do not encompass the multidimensional and multi-faceted issues that are emerging on our planet. The scientific community continues to use conventional research models that were not designed to recognize phenomena outside the realm of what we already know.

History repeats itself because our way of thinking has not changed and we continue to repackage old models instead of generating true creative thinking. In order for the human race to truly evolve, we need to transcend our analytical thinking to a higher sphere and to have the courage to think outside of models and explore the unexplained. Letting go of our stubbornness in needing to create a model for each concept might be the key to start thinking in a grander way: not only outside of the box, but outside of models. It would take courage and humility for the human mind who has an innate need for comfort zones to explore without seeking to construct a model or define the paradigm. As soon as we define something then we have created walls and barriers.

Learning the CRV Protocol appears to trigger some part of our human potential that we do not consciously use and opens the door to a part of our reality, nonlocality, that we either choose to ignore or do not believe in because conventional scientific methods have not been able to explain the function. Therefore it does not exist...? There was a time when the scientific community based its research on a major assumption: the earth is flat. Let us not make the same mistake by not reaching out beyond what we have already proven, and into the unknown.

I would like to close this paper with some compelling verbatim comments from four different EMU CRV trained research participants:

“When you really, and I mean *really*, start to understand the entanglement of everything, ...when you see and feel the connectedness of the universe, then the world never looks the same again. How could I ever hurt another human being or living thing when I know, when I feel connected to them”.

“The realization that I can go anywhere and see anything ... experiencing a session when I was literally floating over a mountain valley and seeing everything that was there to see, was both awe-inspiring and adrenalin-pumping to say the least”.

“You now realize you can go anywhere & literally see anything in your mind’s eye. You feel there is nothing that you cannot do or nowhere you cannot go. I heard somewhere that with awesome power comes awesome responsibility, and that immediately reverberated in my thoughts”.

“After the feeling of power comes a deep feeling of humility. You think to yourself: What do we do with this now?”.

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*CRV challenges the status quo*